



Troy Parks and Recreation

Friendship Club

For persons 13 and up unless otherwise specified.

Activities are held at the Troy Community Center, 3179 Livernois, Troy MI 48083, (248) 524-3484, unless otherwise noted.

Staff will try their best to meet everyone's needs, but if behavior problems persist, you will be asked to provide an aide or to withdraw from the activity.



March/ April 2009

DEAR PARENTS & FRIENDSHIP CLUB MEMBERS:

TUESDAY FRIENDSHIP CLUB: The Tuesday Daytime program is building slowly. This second day of our popular Daytime program was offered to help with the high registration numbers in the Thursday program. The schedule is similar to the Thursday group, but the events occur different weeks. See more information later in this newsletter.

IMPORTANT REGISTRATION INFORMATION: If you do not have a **9/2008-9/2010** form on file, or you have not participated since September 2008 you have been removed from the mailing list. If you want to complete a registration form, please stop at the Community Center front desk or call 248-524-3484 and we will mail one to you. When we receive the form from you we will send you a new Friendship Club membership card. You **must** show this membership card when attending all activities. Thank you!

PRICE CHANGES: Cost for Tuesday and Thursday Daytime program will increase to \$70.00 for residents and \$75.00 for non-residents as of **July 1st**. All Drop-In activities will be \$5 at the door beginning **April 1st**. Diners Club will increase to \$24 for non-residents as of **April 1st** and will be \$23 for residents and \$25 for non-residents as of **July 1st**. Punch cards will increase from \$40 to \$45 for non-residents as of **April 1st**. As of **July 1st** punch cards will be \$41 for residents and \$46 for non-residents.

Punchcard Payment System !!!

Save money by using a Punch Card for

Friday Frolic, Movie & Pizza, Karaoke, Bingo (Starting April 1)!!!

This can be used to pay for all activities that are currently \$4.00. This includes Movie and Pizza, Karaoke and Dancing, Friday Frolic, and Bingo. These activities will be \$5.00 per person at the door beginning April 1st. Purchase a punch card at the front desk for \$40 for residents of Troy and \$45 for non-residents. This will result in a savings of \$10 for residents and \$5 for non-residents vs. paying at the door. This punch card is good for admission into ten of these events.

Bowling will remain \$5.00 for all participants and will be cash only.

There is no refund for lost or stolen cards, so be careful not to lose your punch card once you purchase it. Write your name and phone number on the back in case you misplace it. This card can be purchased with cash, check or credit card (Mastercard or Visa) at the front desk at the Community Center.

PLEASE DO NOT DROP PARTICIPANTS OFF EARLY FOR AN EVENT AND LEAVE. THE PARKS AND RECREATION FRONT DESK STAFF ARE NOT RESPONSIBLE!!

Thanks for your cooperation!

Elaine Torvinen

March

MONDAY, March 2 - DINERS CLUB Please register by Friday prior to event.

The restaurant this month will be **Duggan's Irish Pub** 31501 Woodward (North of 13 Mile)

Royal Oak MI 48073 www.duggansirishpubro.com 248-549-3659

Activity #135308 H Riding in Troy Vans (limit 17)

Activity #135308 HH Meet at restaurant (own transportation)

Time: 6-8:15 p.m.

Location: **135308H** Meet at Troy Community Center at 6pm. **135308HH** meet at the Restaurant at **6:30pm**

Cost: \$22 – includes dinner, beverages, tip, chaperones and transportation from the Community Center.

MONDAY, March 9 - MOVIE AND PIZZA

Join us for a movie and pizza snack at the Community Center. The movie will be **MADAGASCAR 2**

Time: 6:30-8:30 pm

Location: Troy Community Center

Cost: Punch card or \$4.00 at the door. (includes movie, drink, and a pizza snack).

NO PRE-REGISTRATION REQUIRED

Aides may purchase pizza \$1.00/slice. Please place your order when you check in.

FRIDAY, March 13 - FRIDAY FROLIC –This dance is for persons 16 and up. Join us and bring a friend!!!

Reservations are not required. ***Wear your green. There might be Leprechauns!***

Time: 7:00 - 9:30pm

Location: Troy Community Center

Cost: Punch card or \$4.00 at the door. **NO PRE-REGISTRATION REQUIRED**

MONDAY, March 16 - KARAOKE AND DANCING

Pop and chips will be served while fun will be had singing along with the latest and greatest artists. Feel free to dance along. Bring your favorite CD if you want to sing.

Time: 7:00 - 8:30pm

Location: Troy Community Center

Cost: Punch card or \$4.00 at the door. **NO PRE REGISTRATION REQUIRED**

Aides may purchase pop and chips for \$1.

MONDAY, March 23 - BINGO NIGHT

Prizes will be given to the winners, and we will break for refreshments.

Time: 7-8:30 pm

Location: Troy Community Center

Cost: Punch card or \$4.00 at the door. **NO PRE-REGISTRATION REQUIRED** Aides may purchase pop and chips for \$1.

FRIDAY MARCH 27 – See the attached flyer about ARC of Oakland County Dove Awards dinner

MONDAY MARCH 30 – EXTRA MOVIE & PIZZA NIGHT

Join us for a movie and pizza snack at the Community Center.

The movie will be **SPACE DOGS**

Time: 6:30-8:30 pm

Location: Troy Community Center

Cost: Punch card or \$4.00 at the door. (includes movie, drink, and a pizza snack).

NO PRE-REGISTRATION REQUIRED

Aides may purchase pizza \$1.00/slice. Please place your order when you check in.

April

FRIDAY, April 3 – FRIDAY FROLIC –Different night this month due to the upcoming holiday.

This dance is for persons 16 and up. Join us and bring a friend!!! Reservations are not required.

Time: 7:00 – 9:30pm

Location: Troy Community Center

Cost: Punch card or \$5.00 at the door. NO PRE-REGISTRATION REQUIRED

MONDAY, APRIL 6 - DINERS CLUB Please register by Friday prior to event.

The restaurant this month will be at **Moose Preserve 43034 Woodward (just north of Square Lake Rd)**

Bloom. Hills www.moosepreserve.com **248-858-7688**

Activity # 135308J Riding in Troy Vans (limit 17)

Activity #135308 JJ Meet at the restaurant(own transportation)

Time: 6-8:30 p.m.

Location: 135308J Meet at Troy Community Center at 6pm. **135308JJ** meet at the Restaurant at **6:30pm**

Cost: \$22 Residents, \$24 Non-Residents includes dinner, beverages, tip, chaperones and transportation from the Community Center.

MONDAY, April 13 – MOVIE AND PIZZA

Join us for a movie and pizza snack at the Community Center.

The movie for will be **Marley & Me**

Time: 6:30-8:30 pm

Location: Troy Community Center

Cost: Punch card or \$5.00 at the door. (includes movie, drink, and a pizza snack).

NO PRE-REGISTRATION REQUIRED

Aides may purchase pizza \$1.00/slice. Please place your order when you check in.

SUNDAY APRIL 19 & MONDAY APRIL 20

See the attached flyer for information about the overnight trip to Frankenmuth

MONDAY, April 20 – KARAOKE AND DANCING

Pop and chips will be served while fun will be had singing along with the latest and greatest artists. Feel free to dance along. Bring your favorite CD if you want to sing.

Time: 7:00 – 8:30pm

Location: Troy Community Center

Cost: Punch card or \$5.00 at the door. NO PRE REGISTRATION REQUIRED Aides may purchase pop and chips for \$1.

MONDAY, April 27 – BINGO NIGHT

Prizes will be given to the winners, and we will break for refreshments.

Time: 7-8:30 pm

Location: Troy Community Center

Cost: Punch card or \$5.00 at the door. NO PRE-REGISTRATION REQUIRED Aides may purchase pop and chips for \$1.

DAYTIME FRIENDSHIP CLUB

This program for ages 18 and older meets every Tuesday and Thursday from 10 am to 3 pm (except holidays as noted) at the Troy Community Center with many fun activities brought to you by Kathy Martin and staff. Activities will be revised based on your requests, and we are always open to your suggestions. The fee is \$68 per month for one day and \$136 per month for both days.

Pre-registration is required and you must register for the entire month. You can register now for any month through June of 2009. Please let us know if you have any questions. You can call Elaine Torvinen at the Community Center 248-524-3484 or email E.Torvinen@troymi.gov.

To register online go to: <http://www.troymi.gov/ParksAndRecOnline/>

Register early!!! Space is limited. If you wait until the first day of the month to register the program may be filled.

We ask that new participants attend with a family or staff member on a Tuesday or Thursday prior to registering to check out the program and give staff time to ask questions to ascertain the needs of the participant. This will also give ample time for all necessary paperwork to be completed before enrolling. Thank you for your cooperation.

The activity numbers for the 2008-2009 season are as follows:

Tuesdays

March (135306 **G**) April (135306 **H**) May (135306 **J**) June (135306 **K**)

Thursdays

March (135305 **J**) April (135305 **K**) May (135305 **L**) June (135305 **M**)

▶ **Daytime Friendship Club Sample Schedule**

Morning – Current events & athletic activities either in the gym or outdoors

Lunch – **Please refer to the monthly schedule each month for specific lunch plans.** One week, we may go out for lunch. One week we provide a meal at the Community Center. The other weeks participants bring their own sack lunch.

Afternoon – The activities planned for the afternoon include community trips, karaoke, dancing, movies, games, service projects, crafts, birthday parties, swimming, activities in the City of Troy complex and more!!!

▶ **Individual Needs & Assistants**

Staff will try their best to meet everyone's needs, but if **personal daily living needs** or **behavior problems** persist we will ask you to provide an aide or withdraw from the program. **Aides are not required to pay the \$68 fee but must pay for meals, admission fees for field trips and other incidentals. Please come prepared to pay the appropriate fee. A receipt can be issued for reimbursement purposes.**

▶ **Subsidy for certain Troy residents**

A 25% subsidy is available to low-income Troy residents who meet the following guidelines: 1 person household – annual income of \$24,450 or less; 2 person household – annual income of \$27,950 or less; 3 person household – annual income of \$31,450 or less. Please call 248-524-3484 for information on larger household sizes. Applicants must fill out a confidential application and submit it at the time of registration. Please call 248-524-3484 and we will mail an application to you.

▶ **Transportation**

Transportation for Troy residents may be available through Troy Medi-Go Plus. Call 248-457-1100 for reservation information. There is no charge for Medi-Go, but donations are accepted.

MY CHANCE TO DANCE

Winner of the 2002 Governor's Amateur Athletic Event Award, this dance/exercise program presented by C.C. Plus includes circle dances, party dances, line dances, fun music and great exercise. The program is specially choreographed to avoid failure and build on success! Wheelchairs and walkers welcome!! **Payment should be made to the instructor at class.** The fee is \$5 per class for drop-in students or \$35 for eight classes paid in advance. ATTN MORC Clients: Ask your support coordinator how you can attend this class for FREE!

Day	Time	Location	Begins	Ends
Thursday	7-8 p.m.	Big Beaver Church, 3753 John R	Jan. 8	April 30

SOFTBALL

Register now for the 2009 softball league. Practices begin on May 5 and will be held on Tuesdays and Thursdays from 6:30- 8 pm at Raintree Park. This league is for ages 13 and older. We will move to Firefighters Park in June. Games begin in late May through the end of July on Thursdays at 6:30 p.m. Tuesday practices will continue throughout the season. The fee is **\$50 for residents and \$55 for non-residents** and this includes transportation to away games, coaches and an end of the season picnic. Due to having two teams, when necessary, car pooling will be used for away games. **To register, ask for Activity 125338E.** Space is limited. If you want to be placed on the same team as another player for car pool reasons, etc. please indicate this when you register. **Please register early!!!**



Special Olympics
Michigan
Oakland County

Team Troy Special Olympics Parent's Page

(248) 524-3484 3179 Livernois Troy, MI 48083

Anyone needing information regarding health forms can contact the Special Olympics office at (586) 731-0922.



Help Send Our Athlete's to State Games!

2nd Annual Bowling Fundraiser

Thunderbird Lanes on Maple Rd in Troy

Friday May 1, 2009

7:00pm \$20.00 per person

Includes 2 games of Bowling, Shoes, Pizza and Pop

50/50 Drawings

For more information contact

Marybeth McCormick 248-288-5602

Lynn Wagner 248-515-9823



The Special Performing Arts Group presents An Afternoon of Tales to Remember

Sunday March 15, 2009 at Club Venetian (12Mile and John R)

Doors open at 12:30pm

Buffet Dinner will be served

Performances by members

All music and lyrics are created by the members

Raffle Prizes

Special Dessert to follow performance!

Cost : \$20.00 per person (any amount over \$10 is tax deductible)

Contact Donna Silverio 248-703-7303

sdolcevita71@aol.com

Welcome Spring with a Trip to Frankenmuth

Join your Friendship Club friends for an overnight trip to the Bavarian Inn in Frankenmuth

We will be leaving the Troy Community Center at approximately 10:00 a.m. and have lunch on our way.

We will stroll around Frankenmuth with plenty of time to shop before checking into our hotel at around 4:00 p.m.

Then we will enjoy some of the amenities of the hotel like the swimming pools or arcade.

We will have a buffet dinner at our hotel that evening and then still have more time for swimming or the arcade.

The next day we will have breakfast at our hotel and then get ready to check out.

We will then go and learn how to make our own pretzels.

We will have lunch and then head for home by 4:30 p.m.

The fee for this trip will be \$185.00 for residents and \$190.00 for non-residents

A \$50 non refundable deposit due by April 3. Balance is due April 15.

Register for Activity #125321A

Frankenmuth Trip Itinerary

Sunday April 19, 2009

10:00am Depart Troy Community Center

12:00pm Lunch on the way and shopping
around town

3:00pm Settle in rooms/Time to swim or
play in arcade

6:00pm Buffet Dinner

9:00pm Return to room prepare for bed.
Watch movies and have snack

11:00pm Lights out
Swim or visit arcade

Monday April 20, 2009

8:30am Breakfast in hotel

11:00am Return to room and prepare
to leave hotel

12:00pm Meet in lobby with all belongings

12:30pm Lunch locally

1:30pm Make your own pretzel

3:00pm Board Bus to return to Troy
Community Center

4:30pm-5:00pm Arrive Troy Community Center

MAIL-IN REGISTRATION FORM

All patron requested refunds are subject to a \$10 cancellation fee.

RELEASE OF LIABILITY: I hereby voluntarily release and hold harmless the City of Troy and the Troy School District from all liability for all types of damages or injuries, whether foreseeable or not, sustained by myself, my child and other family members while participating, watching and traveling to or from this activity.

Name of Participant _____

Contact Person _____

Address _____

City _____ **Zip** _____

Phone _____

Activity #: _____ **Fee** _____

Activity #: _____ **Fee** _____

Activity #: _____ **Fee** _____

Activity #: _____ **Fee** _____

TOTAL DUE: _____

Signed: _____ **Date:** _____

ENCLOSE REGISTRATION FEE (checks payable to: City of Troy) along with this waiver form and mail to:

Troy Parks and Recreation, 3179 Livernois, Troy, MI 48083.

To register online, go to www.ci.troy.mi.us and click on the Parks and Rec Registration button on the home page. Enter your household number for username (find this number near the bottom left side of previous receipt or call 248-524-3484) and the last name of head of household for password. On the next screen, click on SHOP and then ACTIVITY ENROLLMENT. You can only register people in your own household.

ON GOING EVENTS

Basketball	Tuesday evenings fall and winter at the Troy Community Center for persons with developmental disabilities. Pre-registration is required. Minimum age: 16.
Bowling	Saturdays (except holiday weekends and July and August) from 11 a.m - 1 p.m. at Troy Lanes (Square Lake west of John R). <u>\$5 per week includes shoes and three games.</u> Drop-in. Minimum age: 10.
Daytime Friendship Club	Tuesday and Thursday from 10 a.m. – 3 p.m. at the Community Center. Activities include sports, field trips, movies, games and more. \$68 month residents for 1 day or \$136 for both days. <u>Pre-registration is required.</u> Minimum age: 18.
Diners Club	Meet at the Community Center on the first Monday of each month and travel by van to a local restaurant for dinner. Pre-registration is required by the Friday prior to event. Minimum age: 16. Limit of 16 passengers in vans
Friendship Club	For teens and adults with developmental disabilities, this club meets on the second, third and fourth Monday evening at the Troy Community Center. The second Monday is Movie and Pizza night, third Monday is Karaoke and Dancing, and the fourth Monday is Bingo night. Reservations are not required. Minimum age: 13.
Friday Frolic	This dance for teens and adults with developmental disabilities is held on the second Friday of each month (except July and August) at the Troy Community Center from 7 – 9:30 p.m. The fee is \$4(March) \$5 April and beyond at the door. Purchase a punch card a save \$\$\$\$. Reservations are not required. Minimum age: 16.
My Chance to Dance	Thursday evenings from 7-8pm at the Big Beaver United Methodist Church September – April. Minimum age 13.
Performing Arts Club	For teens and young adults with developmental disabilities. Wednesdays (except the 3 rd Wed.) from 7-9 pm at the Troy Community Center. A donation of \$2 per week is requested. Co-sponsored by the Italian Study Group of Troy. For more information, call Denise at 248-585-5246. Minimum age: 16.
Soccer League	Spring and fall soccer is offered by the Troy Youth Soccer Ability League for physically and developmentally disabled ages five through 26. Teams are formed by age and ability. Call TYSA 248-524-0170 for information.
Softball	A Thursday evening league for teens and adults with developmental disabilities plays against other cities in Oakland County May through August. Practices are held on Tuesday evenings. Pre-registration by April 1required. Minimum age: 16.
Special Events	Countywide special events are offered by Oakland County Parks for people with cognitive and physical impairments. Call (248) 858-7596 to receive the Oakland County Parks newsletter.
Special Olympics	Team Troy Special Olympics participates in swimming, track and field, and golf. Minimum age: 8.
Weight Watchers	Thursdays at 6:15 pm at the Troy Community Center. The fee is .50 per week plus a \$1 initiation fee. Braille is available. Persons accompanying a program participant may participant for the same fee. Cosponsored by the ARC. Call Sharon Connelly at 248-816-1900 for details. Minimum age 13.
Wheelchair Sports	For men and women 18 and older with physical disabilities. Friday evenings at Boulan Middle School, September through March. Call Oakland County Parks at 248-858-7596 for details.

March 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Diner's Club 6:00pm-8:15pm	3 Friendship Club 10am-3pm Basketball 6:30-8:30pm	4 Performing Arts 7:00pm	5 Friendship Club 10am-3pm W. Watchers 6:15	6	7 Bowling 11am-1pm
8	9 Movie and Pizza 6:30pm-8:30pm	10 Friendship Club 10am-3pm Basketball 6:30-8:30pm	11 Performing Arts 7:00pm	12 Friendship Club 10am-3pm W. Watchers 6:15	13 Friday Frolic 7-9:30pm	14 Bowling 11am-1pm
15 Performing Arts Club An Afternoon of Tales to Remember	16 Karaoke and Dancing 7-8:30pm	17 Friendship Club 10am-3pm	18	19 Friendship Club 10am-3pm W. Watchers 6:15	20	21 Bowling 11am-1pm
22	23 Bingo 7pm-8:30pm	24 Friendship Club 10am-3pm	25 Performing Arts 7:00pm	26 Friendship Club 10am-3pm W. Watchers 6:15	27 ARC Dove Awards	28 Bowling 11am-1pm
29	30 Extra Movie & Pizza 6:30-8:30pm	31 Friendship Club 10am-3pm				

April 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Performing Arts 7:00pm	2 Friendship Club 10am-3pm W. Watchers 6:15	3 Friday Frolic 7-9:30pm Different night due to holiday Honoring a special someone	4 Bowling 11am-1pm
5	6 Diner's Club 6-8:15pm	7 Friendship Club 10am-3pm	8 Performing Arts 7:00pm	9 Friendship Club 10am-3pm W. Watchers 6:15	10	11 Bowling 11am-1pm???
12	13 Movie and Pizza 6:30pm-8:30pm	14 Friendship Club 10am-3pm	15	16 Friendship Club 10am-3pm W. Watchers 6:15	17	18 Bowling 11am-1pm
19 Frankenmuth Trip	20 Karaoke and Dancing 7-8:30pm Frankenmuth Trip	21 Friendship Club 10am-3pm	22 Performing Arts 7:00pm	23 Friendship Club 10am-3pm W. Watchers 6:15	24	25 Bowling 11am-1pm
26	27 Bingo 7pm-8:30pm	28 Friendship Club 10am-3pm	29	30 Friendship Club 10am-3pm W. Watchers 6:15		